October 1-2, 2018
Hyatt Regency Columbus
350 N. High Street
Columbus, Ohio 43215

Hosted By:

In Partnership With:
The Ohio Association of County Behavioral Health Authorities Foundation, in partnership with the Ohio Department of Mental Health and Addiction Services will be hosting Ohio’s 2018 Recovery Conference on October 1-2, 2018.

This will be the third annual Recovery Conference, and building on the amazing success from past years, this conference will offer education on topics relevant to recovery from a mental illness and/or addiction. The target audience for this conference will be individuals in recovery from a mental illness and/or addiction, family members and support givers, peers working in the field, and allied professionals.

In addition to the wealth of information attendees will learn over the day and a half, during the evening of October 1st, we will be hosting the third annual Celebration of Recovery! This celebration will include dinner, sweet treats, games, and dancing!

For the first time, this year’s Recovery Conference will feature a job fair for individuals in recovery! Come visit with representatives from employers who are hiring in the retail, food service, manufacturing, and hospitality industries.

To register to attend Ohio’s 2018 Recovery Conference, visit: www.oacbha.org

**Brief Schedule of Events**

**October 1, 2018**

**Recovery Conference**

12:30 PM - 5:00 PM

(registration starts at 11:00 AM, lunch will NOT be provided)

Hear from keynote speakers and select from a variety of breakout sessions

**October 1, 2018**

**Celebration of Recovery**

6:00 PM - 9:30 PM

Join us for dinner, dancing, and fun! (More details on page 4)

**October 2, 2018**

**Recovery Conference**

9:30 AM - 4:00 PM

(registration starts at 8:00 AM, breakfast items provided)

Hear from keynote speakers and select from a variety of breakout sessions

**October 2, 2018**

**Job Fair**

1:00 PM - 3:00 PM

Connect with employers in the retail, food service, manufacturing, and hospitality industries. (more details on page 6)
October 1st Recovery Conference Agenda

11:00 AM – 12:30 PM  Registration
12:30 PM – 02:00 PM  Welcome and General Session
02:00 PM – 02:30 PM  Break (Visit Exhibitors)
02:30 PM – 03:15 PM  Breakout Sessions
03:15 PM – 03:45 PM  Break (Visit Exhibitors)
03:45 PM – 04:30 PM  Breakout Sessions
05:00 PM – 06:00 PM  Wellness and Recovery Activities

06:00 PM – 09:30 PM  Celebration of Recovery

October 1st Breakout Session Topics

There will be several interactive breakout sessions available for attendees on October 1st. All of the breakout sessions are designed for you to learn something new that you can take home with you!

“Faces of Recovery” Creating Recovery through Art*
Recovery Rocks*
Creative Writing in Recovery
Advocacy and Empowerment: Learning How to Use Your Voice
Resume, Interviewing, and Workforce Readiness Workshop
Online Advocacy: Do Make Quality Content; Don’t Feed the Trolls
Mindfulness in Recovery*
Yoga*

*Space is limited for these sessions and attendance will be first come, first served

Wellness and Recovery Activities

5:00 PM - 6:00 PM

Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Al-Anon, and Peer Support Meetings will be offered for conference attendees after the educational portion of the day and before the Celebration of Recovery on October 1st. Attending these activities will not effect attendance of the Celebration.
Join us on the evening of October 1st for dinner, dancing, and fun!

Activities at the Celebration of Recovery will include:

- Food and Snacks
- Prize Drawings
- Music
- Dancing
- Corn Hole
- Basketball and Football Games
- Photo Booth
- Limbo

We are also hosting a Costume Contest! The theme is... Dress up as your favorite superhero, or create your own!

Top three costumes will win prizes!
### October 2nd Recovery Conference Agenda

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### October 2nd Breakout Session Topics

There will be several interactive breakout sessions available for attendees on October 2nd. All of the breakout sessions are designed for you to learn something new that you can take home with you!

- Drumming: Promoting Healing through Therapeutic Rhythm
- “Faces of Recovery” Creating Recovery through Art
- Finding Relief Through Reiki
- SKY Meditation
- How to Become a Peer Supporter
- Telling Your Story
- Spirituality and Recovery
- Recovery Rocks

*Space is limited for these sessions and attendance will be first come, first served*

### Wellness and Recovery Activities

**7:00 AM - 8:00 AM**

Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Al-Anon, and Peer Support Meetings will be offered for conference attendees in the morning prior to the general session that will begin at 09:30 AM.
Ohio’s 2018 Recovery Conference

JOB FAIR

October 2, 2018
1:00 PM - 3:00 PM

Businesses with opportunities across the state will be in attendance who are eager to hire individuals in recovery!

Meet with representatives of employers from industries like:

- Retail
- Food Service
- Manufacturing
- Hospitality

Stay tuned to www.oacbha.org for more details as they become available!
How to Register

While there is no charge to attend, you must register to attend the Recovery Conference and the Celebration of Recovery. Registrations for the conference and the celebration will be accepted through our online registration system at www.oacbha.org. If you have any questions or need any assistance, please call our offices at (614) 224-1111. We expect this conference to fill up fast so make sure you sign up soon!

Register at www.oacbha.org

Who Should Attend?

Individuals with lived experience with mental illness and/or addiction, family members, support givers, peers working in the field, and allied professionals coming in support of individuals in recovery.

Overnight Accommodations

We have a limited amount of funds for overnight accommodations. **These funds will be available on a first come first served basis.** To access these funds you must be registered to attend Ohio’s 2018 Recovery Conference and complete the overnight accommodations application. If you have any questions or are in need of any assistance, please contact Todd Hollett at (614) 224-1111 or thollett@oacbha.org.

Cancellation Policy

If you are unable to attend the Recovery Conference, please let Todd Hollett know as soon as possible so that we can give your slot to someone else to attend the event. Todd can be reached at (614)224-1111 or thollett@oacbha.org.

Contact Us

If you have any questions, please contact:

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(614)224-1111

Brittany Koza
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(614) 224-1111

Todd Hollett
thollett@oacbha.org
(614)224-1111
Registration deadline: September 14, 2018

Registration will be capped at 1,200 attendees for Ohio’s 2018 Recovery Conference and is expected to fill up quickly! Make sure to register early to ensure your spot!

Register online at:

www.oacbha.org