Mental Health and Recovery Services Board serving Coshocton, Guernsey, Morgan, Muskingum, Noble and Perry Counties

• Impact that ROSC has had on providers

• How has ROSC changed the way that providers work with those who receive services
Muskingum Behavioral Health ROSC

• Began with a recovery coach before ROSC was here
  • Not only worked with clients, but
    • Helped MBH become more recovery focused
    • Changed our culture at MBH

• MHRS Board focus Group
  • Identified our clients wanted more than “just meetings”
    • MBH expanded recovery coaches
    • Focussed on client care, but also creating F.R.O.G. – Fun Recovery Oriented Groups
      • Women’s Empower Hour
      • Holiday celebrations
      • County Fair
      • Recovery Conference
      • Recovery Rally
      • Newsletter
MBH continued

• Art Fridays, which now includes lunch
• What were barriers
  • Money, what else
  • Clinicians initially felt threatened

• What made it work
  • The Board’s support of ROSC, which included allowing the use of funds
  • MBH Leadership supporting not only ROSC, but supporting the activities and promoting recovery takes place outside of our walls too.
Perry Behavioral Health Choices ROSC

Where to start?

- Commit to making the change
- Adding ROSC to your Vocabulary
  - Recovery vs. Sober Housing
  - Expectations vs. Rules
  - Symptoms of SUD vs. Using Behaviors
- Change what is easiest first
- Plan for more difficult changes, like amending policies
Perry Behavioral Health Choices ROSC

Benefits of ROSC...

- Makes some decisions more clear
- Sets clear expectations for staff and service providers
- Takes into account the needs/best interest of our clientele
- Is affirming to our populations (client/family/support) served
- Treats SUD’s as Medical Disorders
- Just makes sense!
Perry Behavioral Health Choices ROSC

ROSC-Specific Services...
- Adjunct Services
  Art, Nutrition, Fitness, Taking Back Ohio, Recovery Corp
- Medication Assisted Treatment
  Physician led, Availability, Individualized care
- Withdrawal Management
  Pregnancy, Methamphetamine, Dual licensure
- Outpatient
  Youth & Family Services, IOP for All, Evenings/weekends